



Assumption of the Blessed Virgin Mary Parish



320 Olmstead Street, Vanier, Ontario K1L 7K3 Tel: 613-746-8503

Email: assumptionparishchurch@outlook.com • Website: www.assumptionparishottawa.com



OUR PARISH MISSION STATEMENT (March 10, 1994)

"We endeavour to build for this community a viable Christian Family that all will consider home."

MASS SCHEDULE:

Weekends - Saturday: 9:00 a.m. and 4:00 p.m.
Sunday: 9:00 a.m.; 10:30 a.m.
12:00 p.m. (Filipino Mass)
Weekdays - Monday to Friday: 8:00 a.m.

DEVOTIONS

ROSARY - 20 minutes before weekday Masses.
FIRST FRIDAY - Exposition and benediction ending at 9:00 a.m.
EVERY FRIDAY - Holy Hour of Adoration - 7:00 p.m. - 8:00 p.m.
EVERY SUNDAY - El Shaddai Praise and Worship - After the 12:00 noon Mass

PASTORAL TEAM

Pastor: Rev. Fr. Dominic Lim, OFM Conv
Deacons: Rev. Paul Beaudoin
Rev. Ricardo Santiago
Pastoral Council Chair: Edgardo Piol
Temporal Council Chair: Art Guillermo
Secretary: Nora Arriola
Resident Friars: Rev. Fr. Jobe Abbass, OFM Conv
Rev. Fr. Saviour Karamvelil, OFM Conv

OFFICE HOURS

Monday to Friday
10:00 a.m. – 2:00 p.m.

PASTORAL CARE

BAPTISMS - If you are a registered parishioner of Assumption Parish (or another parish) and attend Mass regularly, there is no waiting period. You may call the Parish Office to schedule a date and must attend a baptism preparation session prior to the baptism. If you belong to another parish, a letter of permission from your Pastor is required. If you are not a parishioner of any parish, you must register, attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

CONFESSIONS - 15 minutes before all Weekday Masses, as well as 3:30 p.m. on Saturday; or by appointment with the priest.

MARRIAGES - One of the couple must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

SPIRITUAL COUNSELING -
by appointment.

SACRAMENT OF THE SICK & COMMUNION FOR SHUT-INS -

Anyone who wishes to receive Anointing of the Sick or Holy Communion please call the office to have your name put on the list.

FUNERALS - Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial.

FIRST SUNDAY OF LENT

Mass Intentions for the Week

Saturday, March 9th, 2019

9:00 am

4:00 pm **Thanksgiving to God** by Deacon Paul and
Linda Beaudoin

Sunday, March 10th, 2019

9:00 am

10:30 am

12:00 pm **The ABVM Parish Community**

Weekday Masses March 11th – March 15th, 2019

Mon 8:00am Ramie O. Vistavilla (bday) by Nena Coronel

Tue 8:00am †Lydia M. Forro by Nena Coronel

Wed 8:00am

Thu 8:00am †Fr. Romeo P. Villanueva by Nena Coronel

Fri 8:00am

Saturday, March 16th, 2019

9:00 am

4:00 pm **Anita Armentia** (bday) by Nena Coronel

Sunday, March 17th, 2019

9:00 am **Lilian Ortigosa** (bday) by Nena Coronel

10:30 am

12:00 pm **The ABVM Parish Community**



LITURGICAL MINISTERS

March 16th & 17th, 2019

9:00 AM Joan Lepage (L)

4:00 PM Deacon Paul Beaudoin, Lynn Obero (L),
Tony McNeil (L)

9:00 AM Frank Barrett (EMHC), Betty Barrett (L),
Emilyn Suficiencia (L)

10:30 AM Manny Beloy (EMHC), Novy Marquez (L),
Michelle Alfeche (L)

12:00 PM Helen Belda (EMHC), Ben David (EMHC),
Maura David (EMHC), Manny Beloy (L);
Chit Villanueva (L), Gina Distor (C)

*We welcome new members and visitors
to our parish. Thank you for praying with us
and for helping build a Christian community.*



WE PRAY FOR THE GIFT OF HEALING of the mind,
body and spirit of **Paul Beaudoin, Marie Burke,
Sylvia and Phil Gosselin, Carol Kane, John
Lamont, Norman Levesque, Helen McNeil, Tina
Mills, Jennie Morris, Celedonio Ricasio, Jr., and
Lucienne Sabourin.**

May we be able to reach out to them in compassion.



ADORATION AND WAY OF THE CROSS. Let us
walk the road of love with Jesus Christ in the Blessed
Sacrament every Friday of Lent at 7:00 P.M., (except
for the last one of the month) and pray together in
thankfulness for God's love and mercy.

COFFEE, TEA AND FELLOWSHIP: Come to the
Hospitality Room after the 9:00 & 10:30 A.M. Sunday
Masses. Create and nourish friendships in Christ.

MONTHLY PRAYER ASSEMBLY sponsored by CFC-
FFL will be on Saturday, March 9th from 9:30 to 11:45
A.M. Everyone is welcome.

EL SHADDAI PRAISE AND WORSHIP: Every
Sunday, after the 12:00 noon Mass. All are invited.

FREE FITNESS CLASS FOR SENIORS:
Wednesdays and Fridays from 12:00 to 1:00 P.M. in
the Parish Hall. Have fun and be fit.

**PLEASE PICK UP YOUR 2018 TAX RECEIPTS AND
2019 OFFERING ENVELOPES** on the table behind
the right last pew of the church.
Thank you for your generosity and co-operation.

COOK WANTED! The Franciscans would like to
engage the services of a cook for the Friary. For
details, please speak with Fr. Dominic, 613.746.8503.

40 DAYS FOR LIFE CAMPAIGN consists of prayer
and fasting, peaceful vigil, and community outreach,
from 6th March to 14th April 2019. Please contact
wanda40daysforlife@clife.ca for more information.

LENT RECOLLECTION. An hour of listening and
reflection will be held on Sunday, 30th March 2019
from 2:00 to 3:00 P.M.
Let us make time to find deeper faith and joy during
our Lenten journey.



Mom's Morning Out at Divine Infant Parish sponsors 'GOD'S PLAN FOR YOUR PARENTHOOD,' a presentation of life experiences and practical tips on helping parents with their sacred task, on Saturday, 16th March 2019, from 11:30 A.M to 2:30 P.M. The free event will start with fellowship and lunch. Please register by 1st March: https://bit.ly/MMO_DI or contact momsmorningout.di@gmail.com.



On **Saturday, 23rd March** after the 4:00 P.M. Mass, a representative of the archdiocese will give a talk on **MAINTAINING A SAFE ENVIRONMENT** in the parish. While this presentation is open to all, parents and volunteers are strongly encouraged to attend.

PILGRIMAGE TO THE HOLY LAND AND JORDAN

under the spiritual leadership of Fr. Dominic Lim. Please note that International Heritage Tours moved its information session to Sunday, 24th March at 3:00 P.M. in the Parish Hall.



Collection Report

For the weeks ending
March 3, 2019 - \$2,073.

A copy of the Treasurer's Report
may be requested from the Parish Office.



Lord Jesus, teach me to be generous; teach me to serve you as you deserve; to give and not count the cost, to fight and not heed the wounds, to toil and not to seek reward, except that of knowing that I do your will.

—St. Ignatius Loyola



SCHEDULE OF PARISH MEETINGS

Legion of Mary	Every Sunday	10:30 AM
SLR Choir	Every Sunday	1:30 PM
SLR Filipino Comm	First Monday	7:00 PM
Prayers after Mass	Every Tuesday	8:30 AM
Choir	Every Tuesday	7:00 PM
Catechesis	Every Wednesday	7:30 PM
Temporal Council	Quarterly (2 nd Sat.)	1:00 PM
Liturgy Committee	Second Thursday	7:00 PM
CWL	Third Tuesday	7:00 PM
Altar Guild	Third Wednesday	7:00 PM
Pastoral Council	Third Thursday	7:00 PM
Knights of Columbus	Fourth Thursday	7:00 PM
El Shaddai	Every Sunday	1:30 PM

Blessed Angela Salawa (March 12)

Born in Siepraw, near Krakow, Poland, she was the 11th child of Bartlomiej and Ewa Salawa. In 1897, she moved to Krakow where her older sister, Therese, lived. Angela immediately began to gather and instruct young women domestic workers. During World War I, she helped prisoners of war without regard to their nationality or religion. The writings of Teresa of Avila and John of the Cross were a great comfort to her. Humility should never be mistaken for lack of conviction, insight or energy. Angela brought the good news and material assistance to some of Christ's "least ones". Her self-sacrifice inspired others to do the same.



A Message from Your Pastor

Peace and Goodness!

Remember that you are dust and from dust you shall return.

The season of Lent helps us to go back to our origin. We are created and was formed from the earth, but from the earth that was pure, uncontaminated by sin. The first Adam was formed from virgin earth, the second Adam was formed from virgin (pure) flesh of the Blessed Virgin Mary. The season of Lent is a holy season where we are being re-created by God. God purifying the human flesh, letting us be reborn with the sacrifice of Jesus which reforms humanity and through His human body that came from Mary and was first formed in the heart of Mary, the "Woman" who listens to the Word of God and who eagerly awaits the salvation of humanity.

The tripod of Lent, prayer, fasting and almsgiving helps us participate intimately in this re-birth, this creation. If we deny ourselves and follow Him, we will surely be sharing in the triumph of the resurrection, with a renewed heart and a renewed spirit!

Ave Maria.

Rev. Fr. Dominic Lim, OFM Conv



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HopeCemetery.ca

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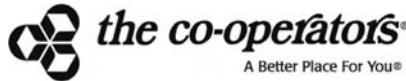


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